

THE POWER OF ENTHUSIASM

TIPS FROM ED FOREMAN & JEFFREY GITOMER



Enthusiasm is taken from the Greek word "entheos," which means "The God within."

Enthusiasm allows you to make the life you want. And even if it doesn't appear quickly, enthusiasm helps you continue to move forward with positive expectation that good is on the way.



Start every day with positive thoughts, affirmations, music or books.

Morning is the alpha time of the day. Your brain is most receptive to be programmed either for positive or negative. Make the most of that time.

The morning is a great time to jump start your mind to have a great day and to be enthusiastic about the possibilities for that day.

You must learn to act your way into a new way of thinking; so you can think your way into a new way of acting.

One of the ways you can live with high expectations is to go beyond "fake it until you make it" to "live it in advance!"

You do not need everything to be perfect to be enthusiastic



Listen To Dr. Willie Jolley's Wealthy Ways Podcast Episode with Ed Foreman, Jeffrey Gitomer... and other attitude experts!



[Click here to listen](#)



AVAILABLE ON



For More Information About Dr. Willie Jolley, Please Visit WinWithWillie.com